

MEET McLAREN

BEHAVIORAL HEALTH

Skilled behavioral health teams led by psychiatrists—including psychologists, nurse practitioners, social workers, nurses, therapists, counselors, and technicians—provide comprehensive treatment services. From inpatient psychiatric care to intensive day programs and outpatient services, our clinicians work closely with individuals to evaluate challenges and develop personalized care plans.

Our goal is to maximize quality of life, helping people quickly restore normal routines. Available 24/7, our therapeutic programs support community members in need.

CONDITIONS TREATED

- Depression, including severe depression with suicidal or homicidal thoughts
- Bipolar disorders
- Psychosis and thought disorders
- Anxiety and panic disorders
- Post-traumatic stress disorder
- Adjustment and stress-related disorders
- Substance use disorders when combined with psychiatric disorders (dual diagnosis)

Inpatient and Partial Hospital Psychiatric Treatment

- Psychiatric evaluation and daily follow-up
- Comprehensive physical assessment
- Nursing assessment and 24-hour nursing care
- Recreation/occupational therapy assessment
- Individualized plan of services which may include group psychotherapy, recreational/occupational therapy, patient education, individual and family therapy, and psychological evaluation
- Biopsychosocial assessment
- Development and coordination of aftercare services

Intensive Outpatient and Outpatient may include:

- Psychiatric evaluation and treatment
- Psychological evaluation
- Individual, family and couples psychotherapy
- Group psychotherapy
- Patient education

Psychiatric consultation services on acute medical surgical floors.

ED and Acute Inpatient Telepsychiatry

ED and Acute Inpatient Telepsychiatry consults through Iris Telehealth are available 24/7 at McLaren Greater Lansing, Northern, Bay, and Macomb; and Monday–Friday from 8 a.m. to 5 p.m. at Thumb and Caro.

To request a consult, please use the order “**Consult to Psychiatry Tele-Health – Iris Health**” *AND* call (517) 370-2214.

ACCESS TO CARE – BEHAVIORAL HEALTH INTAKE SERVICES

When individuals require intensive inpatient psychiatric care, McLaren’s Behavioral Health Intake Service provides seamless support. Operating seven days a week from 6 a.m. to 10:30 p.m., our staff coordinates with eight McLaren hospitals to ensure patients receive the right care at the right time.

Phone (833) 925-2903

Fax (810) 600-7823

BEHAVIORAL HEALTH SPECIALTIES AND LOCATIONS

Inpatient Senior Behavioral Health

- McLaren Greater Lansing (Seniors aged 60+)
- McLaren Macomb (Seniors aged 65+)
- McLaren Oakland (Seniors aged 65+)

Intensive Outpatient Senior Behavioral Health

- McLaren Caro (Seniors aged 65+)

Inpatient Adult Behavioral Health

- McLaren Bay Region
- McLaren Flint
- McLaren Lapeer Region
- McLaren Northern Michigan - Cheboygan
- McLaren Oakland
- McLaren Port Huron

Outpatient Behavioral Health

- McLaren Bay Region
- McLaren Flint
- McLaren Lapeer Region (opening February 2025)

Adult Partial Hospitalization Program

- McLaren Bay Region
- McLaren Flint

Adolescent Partial Hospital Program

- McLaren Flint (Adolescents 12–17 years old)

Behavioral Health Intake Services

(833) 925-2903

McLaren Bay Region

Adult Partial Hospitalization Psychiatric Program (PHP) - McLaren Bay Region
3250 E Midland Road, Suite 1A
Bay City, MI 48706
(989) 667-6231

McLaren Bay Region Outpatient Psychiatric Clinic (Offering Medication for Treatment-Resistant Depression - Spravato)
3250 E Midland Road, Suite 3
Bay City, MI 48706
(989) 667-6231

Behavioral Health Inpatient Services at McLaren Bay Region
1900 Columbus Ave.
Bay City, MI 48708
(989) 894-3911

McLaren Caro

Senior Life Solutions Intensive Outpatient Program
310 N. Hooper St.
Caro, MI 48723
(989) 672-5757

McLaren Flint

Adult Partial Hospitalization Program (PHP) - Adolescent Partial Hospitalization Program (PHP) - Outpatient Psychiatric and Counseling
4448 Oak Bridge Drive
Flint, MI 48532
(810) 342-5333

Behavioral Health Inpatient Services at McLaren Flint
401 S. Ballenger Highway
Flint, MI 48532
(810) 342-2076

McLaren Greater Lansing

Senior Behavioral Health Unit - GEMS (Geropsychiatric Evaluation and Management Services)
McLaren Greater Lansing
2900 Collins Road
Lansing, MI 48910
(517) 975-3212

McLaren Lapeer Region

Behavioral Health Inpatient Services at McLaren Lapeer Region
1375 N. Main St.
Lapeer, MI 48446
(810) 667-5611

Behavioral Health Outpatient Services
Lapeer Medical Office Building
1200 Barry Drive
Lapeer, MI 48446
(810) 667-7304
(opening February 2025)

McLaren Macomb

McLaren Macomb Senior Behavioral Health Center
46810 Schoenherr Road
Shelby Township, MI 48315
(586) 493-2059

McLaren Northern Michigan

Justin A. Borra Behavioral Health Unit (Inpatient)
748 S. Main St.
Cheboygan, MI 49721
(231) 627-1370

McLaren Oakland

Behavioral Health Unit - McLaren Oakland (Senior and Inpatient)
50 N. Perry St.
Pontiac, MI 48342
(248) 338-5588

McLaren Port Huron

Behavioral Health Inpatient and Emergency Psychiatric Services at McLaren Port Huron
1221 Pine Grove Ave.
Port Huron, MI 48060
(810) 989-3159